



Aster DM Healthcare

QATAR



Aster

We'll Treat You Well



Aster DM Healthcare Qatar

Aster DM Healthcare Qatar is one of the leading private healthcare networks in the State of Qatar, delivering world-class medical services through a fully integrated healthcare ecosystem comprising of a multispecialty hospital, medical centres, diagnostic services, pharmacies, rehabilitation services, and specialist clinics. Since establishing its presence in Qatar in 2003, Aster has grown into a trusted healthcare destination for residents and international patients alike.

As part of the renowned Aster DM Healthcare Group, with a strong presence across the GCC and beyond, Aster Qatar combines international clinical expertise with deep local healthcare knowledge. This unique advantage provides medical tourists access to internationally trained specialists, evidence-based treatment protocols, advanced diagnostic technologies, and seamless continuity of care.

For patients seeking healthcare in Qatar, Aster offers a comprehensive and personalized treatment experience supported by dedicated international patient services, multilingual care coordinators, and integrated treatment pathways from consultation through recovery.

To view our available packages, please visit : <https://www.aster.qa/medical-tourism>



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Why Choose Aster Qatar?

Comprehensive Integrated Healthcare Network

- Multispecialty Hospital
- Network of Medical Centres across Qatar
- Advanced Diagnostic & Imaging Services
- Rehabilitation & Physiotherapy Services
- Specialist Clinics and Day-Care Surgery Programs
- In-house Pharmacy Support
- 24 Hour Emergency Services
- Seamless Continuum of Care

International Patient Services

- Dedicated Patient Coordinators
- Teleconsultations & Second Medical Opinions
- Assistance with Travel Planning
- Multilingual Support
- Personalized Treatment Plans
- Post-treatment Follow-up and Support

Advanced Diagnostics & Technology

- MRI
- CT Scan & Cardiac CT Angiography
- Ultrasound
- Digital X-Ray
- Cardiac Diagnostics
- Comprehensive Laboratory Services



Centres of Excellence

Orthopedics & Sports Medicine

Comprehensive care for sports injuries, ligament reconstruction, arthroscopic surgeries, joint preservation, rehabilitation, and physiotherapy programs.

Women's Health & Maternity

Comprehensive obstetrics and gynecology services including maternity care, fertility assessment, high-risk pregnancy management, preventive women's health programs, and neonatal support.

Cardiac Sciences

Preventive cardiology, cardiovascular risk assessment, cardiac imaging, echocardiography, and executive heart health programs.

Neurosciences

Neurology consultations, stroke prevention, headache and migraine management, vertigo care, and neuro-diagnostic services.

General & Minimally Invasive Surgery

Advanced laparoscopic procedures, hernia repair, gallbladder surgery, proctology services, and day-care surgical interventions.

Urology

Comprehensive kidney stone management, men's health services, and minimally invasive urological procedures.



SPECIALTIES AVAILABLE

- Internal Medicine
- Family Medicine
- Pediatrics
- Cardiology
- Orthopedics & Sports Medicine
- Neurology
- General Surgery
- ENT
- Dermatology
- Gastroenterology
- Anaesthesiology
- Dietetics
- Urology
- Ophthalmology
- Obstetrics & Gynecology
- Psychiatry
- Dentistry
- Physiotherapy & Rehabilitation
- Diagnostic Imaging
- Laboratory Medicine



FEATURED MEDICAL TOURISM PACKAGES



Platinum Package (Male)

Consultations

- Internal Medicine
- Cardiology
- Urology
- Dentistry
- Dietitian
- Any other specialist consultation as per clinical indication

Vital Assessments

- BMI
- Vital Signs – Height, Weight, BMI, Blood Pressure, Body Composition Analysis
- Pulmonary Function Test (Spirometry)
- Blood Grouping, Rh Typing

Lab Investigations

- CBC
- ESR
- FBS ■ PPBS ■ HbA1c
- Lipid Profile : Total Cholesterol, HDL, LDL, Triglycerides
- Liver Function Tests: ALT (SGPT), AST (SGOT), BILI, Alk. Phos, GGT, Calcium
- Kidney Function Tests: Uric acid, BUN, Creatinine
- Endocrine Profile: Thyroid Profile (TSH, T3, T4), Vitamin D3, Vitamin B12
- Prostate Cancer Marker: PSA (Total)

- Urine Analysis
- Urine Microalbumin
- hs CRP
- Calprotectin – FECAL
- Serum-Bicarbonate, Sodium, Potassium
- Iron Studies - Serum Iron, TIBC, Ferritin
- Folate
- Magnesium
- Zinc
- Serum Testosterone
- Rheumatoid Factor
- Helicobacter Pylori
- Apolipoprotein A
- Apolipoprotein B
- Anti TPO
- Anti Thyroglobulin

Specialized Investigations

Cardiac evaluation:

- ECG
- Cardiac Stress Test
- Echocardiogram
- QRISK Assessment

Imaging:

- Chest X-Ray
- Ultrasound Abdomen & Pelvis
- Bitewing X-Rays
- Ultrasound Prostate (over 50 years)

Additional Tests

- Audiometry
- Vision Screening



Platinum Package **(Female)**

Consultation

- Internal Medicine
- Cardiology
- Dentistry
- Gynecology
- Dietitian, any other specialist consultation as per clinical indication

Vital Assessments

- Height, Weight, BMI, Blood Pressure, Body Composition Analysis
- Blood Grouping, Rh Typing
- Pulmonary Function Test (Spirometry)

Lab Investigations

- CBC
- ESR
- FBS ■ PPBS ■ HbA1c
- Lipid Profile: Total Cholesterol, HDL, LDL, Triglycerides
- Liver Function Tests: ALT (SGPT), AST (SGOT), BILI, Alk. Phos, GGT, Calcium
- Kidney Function Tests: Uric acid, BUN, Creatinine
- Endocrine Profile: Thyroid Profile (TSH, T3, T4), Vitamin D3, Vitamin B12
- hs-CRP
- Calprotectin – FECAL
- Serum-Bicarbonate, Sodium, Potassium
- Iron Studies - Serum Iron, TIBC, Ferritin

- Folate
- Magnesium
- Zinc
- Serum Testosterone
- Rheumatoid Factor
- Helicobacter Pylori
- Apolipoprotein A
- Apolipoprotein B
- Anti TPO
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Specialized Investigations

Cardiac evaluation:

- ECG
- Cardiac Stress Test
- Echocardiogram
- QRISK Assessment

Imaging:

- Chest X-Ray
- Ultrasound Abdomen & Pelvis
- Bitewing X-Rays

Women's Health Screening:

- Pap Smear
- Breast Ultrasound
- Pelvic ultrasound
- Cancer Screening
- CA125 for ovarian cancer
- CA15-3 for breast cancer
- Cervical screening

Additional Tests

- Urine Analysis
- Urine Microalbumin
- Vision Screening
- Audiometry



Gold Package (Male)

Consultation

- Internal Medicine
- Dentistry
- Dietitian

Vital Assessments

- BMI
- Vital Signs – Height, Weight, BMI, Blood Pressure, Body Composition Analysis
- Pulmonary Function Test (Spirometry)
- Blood Grouping, Rh Typing

Lab Investigations

- CBC
- ESR
- FBS ■ PPBS ■ HbA1c
- Lipid Profile: Total Cholesterol, HDL, LDL, Triglycerides
- Liver Function Tests: ALT (SGPT), AST (SGOT), BILI, Alk. Phos, GGT, Calcium
- Kidney Function Tests: Uric acid, BUN, Creatinine
- Prostate Cancer Marker: PSA (Total)
- Urine Analysis
- hs-CRP
- Calprotectin – FECAL
- Rheumatoid Factor
- Helicobacter Pylori

Specialized Investigations

- Cardiac evaluation:
- ECG

Imaging:

- Chest X-Ray
- Ultrasound Abdomen
- Ultrasound Prostate (over 50 years)

Additional Tests

- Urine Analysis
- Vision Screening
- Audiometry



Gold Package **(Female)**

Consultations

- Internal Medicine
- Dentistry
- Gynecology
- Dietitian

Vital Assessments

- Height, Weight, BMI,
- Blood Pressure
- Body Composition Analysis
- Pulmonary Function Test (Spirometry)
- Blood Grouping, Rh Typing

Lab Investigations

- CBC
- ESR
- FBS ■ PPBS ■ HbA1c
- Lipid Profile: Total Cholesterol, HDL, LDL, Triglycerides
- Liver Function Tests: ALT (SGPT), AST (SGOT), BILI, Alk. Phos, GGT, Calcium
- Kidney Function Tests: Uric acid, BUN, Creatinine
- PSA (Total) (Prostate Cancer Marker)
- hs-CRP
- Calprotectin – FECAL
- Rheumatoid Factor
- Helicobacter Pylori

Specialized Investigations

- Cardiac evaluation:
- ECG

Imaging:

- Chest X-Ray
- Ultrasound Abdomen

Women's Health Screening:

- Pap Smear
- Pelvic ultrasound

Additional Tests

- Urine Analysis



General Health Screening Package

Consultations

- General Physician

Vital Assessments

- Height, Weight, BMI, Blood Pressure
- Blood Grouping, Rh Typing

Lab Investigations

- CBC
- FBS ■ PPBS ■ HbA1c
- Liver Function Tests: ALT (SGPT), AST (SGOT), BILI, Alk. Phos, GGT, Calcium
- Kidney Function Tests: Uric acid, BUN, Creatinine
- Urine Analysis
- Vision Screening

Specialized Investigations

Cardiac evaluation:

- ECG
- Cardiac Stress Test

Imaging:

- Chest X-Ray
- Ultrasound Abdomen



Digestive Health Package

Consultations

- Gastroenterology

Lab Investigations

- CBC
- ESR
- CRP
- Helicobacter Pylori
- Liver Function Tests: ALT (SGPT), AST (SGOT), BILI, Alk. Phos, GGT, Calcium

- Abdominal Ultrasound
- Gastroscopy and Colonoscopy (as per clinical indications) (optional)

Cancer Screening

- Colorectal Cancer Screening (FIT Test)



Fertility Assessment Package

For Females

Consultations

- Fertility Specialist & Gynecologist
- **Hormonal Profile:**
 - FSH, LH
 - Anti-Mullerian Hormone (AMH)
 - Prolactin
 - Thyroid Stimulating Hormone

Imaging:

- Pelvic Ultrasound

Fertility Assessment:

- Ovarian Reserve Evaluation

Infectious Screening

- Standard Fertility-Related Infection Tests

Counseling

- Fertility Planning & Treatment Counseling



For Males

Consultations:

- Andrologist/Urologist

Semen Evaluation:

- Semen Analysis

Hormonal Profile:

- Testosterone, FSH, LH

Infection Screening:

- Relevant Fertility Infection Screen

Counseling:

- Fertility Treatment Guidance



Comprehensive Cardiac Check Package

Pre-Assessment

- Dedicated Health Coordinator
- Detailed Health Questionnaire
- Lifestyle & Family History Assessment

Consultation

- Cardiologist

Vital Assessments

- Height, Weight, BMI,
- Blood Pressure
- Pulse Rate & Oxygen Saturation

Metabolic & Diabetes Profile

- Fasting Blood Sugar
- HbA1c

Cardiac Risk Profile

- Total Cholesterol
- HDL
- LDL
- Triglycerides
- Non-HDL Cholesterol
- Apolipoprotein A
- Apolipoprotein B
- Lipoprotein (a)
- High-Sensitivity CRP
- Homocysteine

Cardiac Diagnostics

- Resting 12 Lead ECG
- Echocardiography (2D Echo)
- Treadmill Stress Test (TMT)
- Heart Rate Recovery Assessment

Advanced Cardiac Imaging

- Coronary Calcium Score CT
- CT Coronary Angiography (Age/Risk Based)

Nutrition & Lifestyle

- Clinical Dietitian Consultation
- Exercise & Fitness Counseling



SIGNATURE SURGICAL PACKAGES

General Surgery



Procedure
Hemorrhoidectomy
Inguinal Hernia Repair
Laparoscopic Appendectomy
Laparoscopic Cholecystectomy

Women's Health

Procedure
Normal Delivery
Cesarean Section
Ovarian Cystectomy (Laparoscopic)
Total Abdominal Hysterectomy

Urology



Procedure

Varicocelectomy (Unilateral)

Varicocelectomy (Bilateral)

Ureteroscopy & Stone Extraction

ENT

Procedure

Adenoidectomy

Tonsillectomy

Septoplasty

Functional Endoscopic Sinus Surgery (FESS)

Orthopedics and Sports Surgeries



Category

MENISECTOMY

REPAIR MENISCAL TEAR (ARTHROSCOPIC)

ANTERIOR CRUCIATE LIGAMENT(ACL) RECONSTRUCTION

SHOULDER ARTHROSCOPIC SURGERIES

TOTAL KNEE REPLACEMENT

TOTAL HIP REPLACEMENT